



Work-Life Balance Resources

Quick Reference for District 11 AOR

HSWL Regional Practice Manager, LCDR Darin W. Schneider – 510-437-3189
HSWL Deputy Regional Practice Manager, LT Matt Geraets – 310-521-6126
Work-Life Supervisor, D11 – Mr. David Romero – 510-437-5981
HSWL Administrative Asst., Alameda – Ms. Eleanor B. Cody – 510-437-5924
Work-Life Offices – 800-872-4957
Critical Incident Response - 510-437-3700
CG Support Program – Counseling and Work-Life Balance – 855-CG SUPRT (247-8778)
Suicide Prevention Hotline – 800 273-TALK (8255)

Employee Assistance ----- [Lena Gavello](#)– 510-437-3927 & [Tiffani Collier](#) – 310-521-6136

General Assistance and Resources for Professional/Work and Personal/Life issues

- Suicide Awareness and Prevention and Intervention
- Critical Incident Response and Support Services
- Mandated and Peer Training
- Workplace Violence Intervention and Training

Additionally: [SARC BACKUP](#)

Family Advocacy -----[Vacant](#) – 510-437-5838 /TRACEN [Vacant](#) – 707-765-7045 & [Felice Roth](#) – 310-521-6133

- Family Violence Crisis Intervention
- Child Abuse Intervention

Family Resource -----[Kristine Rutland-Cooper](#) –510-437-3881 & [Tony Haynes](#) – 310-521-6134

- Family Special Needs Coordinator

Additionally:

- Elder Care Resources
- Adoption Reimbursement Assistance, Educational Scholarship, Grants and CG Sponsored Loan Resources
- Special Needs Grant and CG Respite Care Support/Grant information

Sexual Assault Response Coordinator ----- [John Schempf](#) SARC – 707-407-6082 & [Nedra Barnes-Larrieux](#) SARC–510-437-3446

Restricted and unrestricted reporting of sexual assault with coordination of resources

Additionally:

- Sexual Assault case management and Victim Advocate assignment.

Personal Financial Management Coordinator ----- [Chauncey Green](#), PFM – 510-437-5785 & [Vondi Irwin](#) PFM – 310-521-6131

- Financial Education, Counseling, Resource Referral, and Financial Course Coordination

Transition and Relocation-----[Vernon Batulanon](#) – 510-437-5991 & [Patrick Nalty](#) – 310-521-6126

- Transition Services - Separation and Retirement Seminars (TGPS – formerly TAPS)

Additionally:

- Spousal Employment Assistance & Resumes

Child Development Services -----[Renee Montandon](#) – 510-437-6662

- Child Care Resources & CG Home Child Care License Asst.

Ombudsman Coordinators -----[Vernon Batulanon](#) – 510-437-5991

Substance Abuse Prevention ----- [HS1 Brooke Williamson](#) – 510-437-3482

- CDAR Coordinator - Awareness and Prevention Training

CG Support Program – (CG SUPRT) www.CGSUPRT.com

- Short term counseling AND life management assistance: 855-CG SUPRT (247-8778)

➤